



# TEXAS DEPARTMENT OF INSURANCE

## Division of Workers' Compensation

7551 Metro Center Drive, Suite 100, Austin, Texas 78744-1645

512-804-4610 | F: 512-804-4611 | TDI.texas.gov | @TexasTDI



## OSHA 30-HOUR CONSTRUCTION AGENDA

### Day One *Length of topics and break schedule may vary.*

TIME	Length of Topic	TOPIC
8:15 am – 8:30 am		Administrative
8:30 am – 10:00 am	1.5 hour	Introduction to OSHA
10:00 am – 10:15 am		Break - 15 minutes
10:15 am – 12:15 pm	2 hours	Managing Safety and Health Programs
12:15 pm – 1:15 pm		Lunch - 1 hour
1:15 pm – 2:30 pm	1.5 hours	Focus Four: Fall Hazards
2:30 pm – 2:45 pm		Break - 15 minutes
2:45 pm – 4:00 pm	1.5 hours	Focus Four: Electrocuting Hazards
	6.5 Hours	Day ends

### Day Two *Length of topics and break schedule may vary.*

TIME	Length of Topic	TOPIC
8:15 am – 8:30 am		Administrative
8:30 am – 9:30 am	1 hour	Focus Four: Struck-by Hazards
9:30 am – 10:30 am	1 hour	Focus Four: Caught-in-Between Hazards
10:30 am – 10:45 am		Break - 15 minutes
10:45 am – 11:45 am	1 hour	Focus Four: Activities
11:45 am – 12:45 pm		Lunch - 1 hour
12:45 pm – 2:45 pm	2 hours	Personal Protective Equipment
2:45 pm – 3:00 pm		Break – 15 minutes
3:00 pm – 5:00 pm	2 hours	Health Hazards in Construction
	7 Hours	Day ends

### Day Three *Length of topics and break schedule may vary.*

TIME	Length of Topic	TOPIC
8:15 am – 8:30 am		Administrative
8:30 am – 9:30 am	1 hour	Stairways and Ladders
9:30 am – 9:45 am		Break - 15 minutes
9:45 am – 10:45 am	1 hour	Construction Safety Inspections
10:45 am – 11:45am	1 hour	Welding & Cutting
11:45 am – 12:45 pm		Lunch - 1 hour
12:45 pm – 2:15 pm	1.5 hours	Excavations
2:15 pm – 2:30 pm		Break - 15 minutes
2:30 pm – 3:45 pm	1.5 hours	Materials Handling
3:45 pm – 4:15 pm	0.5 hours	Ergonomics
	6.5 Hours	Day ends



# TEXAS DEPARTMENT OF INSURANCE

## Division of Workers' Compensation

7551 Metro Center Drive, Suite 100, Austin, Texas 78744-1645

512-804-4610 | F: 512-804-4611 | TDI.texas.gov | @TexasTDI



## OSHA 30-HOUR CONSTRUCTION AGENDA

**Day Four** *Length of topics and break schedule may vary.*

TIME	Length of Topic	TOPIC
8:15 am – 8:30 am		Administrative
8:30 am – 9:30 am	1 hour	Powered Industrial Trucks / Self Propelled Equipment
9:30 am – 10:30 am	1 hour	Scaffolds
10:30 am – 10:45 am		Break - 15 minutes
10:45 am – 11:45 am	1 hour	Hand and Power Tools
11:45 am – 12:45 pm		Lunch - 1 hour
12:45 pm – 1:45 pm	1 hour	Silica Hazard
1:45 pm – 2:45 pm	1 hour	Bloodborne Pathogens
2:45 pm – 3:00 pm		Break -15 minutes
3:00PM – 3:30 pm	30 minutes	Confined Spaces
3:30 pm – 4:30 pm	1 hour	Fire Protection and Prevention
	6.5 Hours	Day ends

**Day Five** *Length of topics and break schedule may vary.*

TIME	Length of Topic	TOPIC
8:15 am – 8:30 am		Administrative
8:30 am – 10:30 am	2 hours	Foundations of Safety Leadership
10:30 am – 10:45 am		Break - 15 minutes
10:45 am – 12:45 pm	2 hours	(cont.) Foundations of Safety Leadership
	4 Hours	Day ends