

OSHA 30-Hour Construction Agenda - Video Conference

Length of topics and break schedule may vary.

	TIME	Length of Topic	TOPIC
Day One 3 H 45 M	8:00 am - 9:30 am	1 Hour 30 Min	Introduction to OSHA
	9:30 am - 10:00 am	30 Minutes	Managing Safety and Health
	10:00 am - 10:15 am		Break - 15 minutes
	10:15 am - 12:00 pm	1 Hour 45 Min	Managing Safety and Health
	12:00 pm - 12:30 pm		Testing / Administrative
Day Two 3 H 45 M	8:00 am - 10:00 am	2 Hours	Health Hazards in Construction
	10:00 am - 10:15 am		Break - 15 minutes
	10:15 am - 11:00 pm	45 Minutes	Fire Protection and Prevention
	11:00 am - 12:00 pm	1 Hour	Construction Safety Inspections
	12:00 pm - 12:30 pm		Testing / Administrative
Day Three 3 H 45 M	8:00 am - 10:00 am	2 Hours	Personal Protective and Lifesaving Equipment
	10:00 am - 10:15 am		Break - 15 minutes
	10:15 am - 12:00 pm	1 Hour 45 Min	Focus Four Hazards: Electrocution
	12:00 pm - 12:30 pm		Testing / Administrative
Day Four 3 H 45 M	8:00 am - 8:45 am	45 Minutes	Tools - Hand and Power
	8:45 am - 10:00 am	1 Hour 15 Min	Focus Four Hazards: Struck-By
	10:00 am - 10:15 am		Break - 15 minutes
	10:15 am - 12:00 pm	1 Hour 45 Min	Materials Handling, Storage, Use and Disposal
	12:00 pm - 12:30 pm		Testing / Administrative
Day Five 3 H 45 M	8:00 am - 9:00 am	1 Hour	Powered Industrial Vehicles
	9:00 am - 10:00 am	1 Hour	Focus Four Hazards: Caught-In or Between
	10:00 am - 10:15 am		Break - 15 minutes
	10:15 am - 12:00 pm	1 Hour 45 Min	Excavations
	12:00 pm - 12:30 pm		Testing / Administrative
Day Six 3 H 45 M	8:00 am - 10:00 am	2 Hours	Focus Four Hazards: Falls
	10:00 am - 10:15 am		Break - 15 minutes
	10:15 am - 12:00 pm	1 Hour 45 Min	Stairways and Ladders
	12:00 pm - 12:30 pm		Testing / Administrative
Day Seven 3 H 45 M	8:00 am - 10:00 am	2 Hours	Scaffolds
	10:00 am - 10:15 am		Break - 15 minutes
	10:15 am - 12:00 pm	1 Hour 45 Min	Safety and Health Programs
	12:00 pm - 12:30 pm		Testing / Administrative
Day Eight 3 H 45 M	8:00 am - 10:00 am	2 Hours	Foundations for Safety Leadership
	10:00 am - 10:15 am		Break - 15 minutes
	10:15 am - 12:00 pm	1 Hour 45 Min	Foundations for Safety Leadership
	12:00 pm - 12:30 pm		Testing / Administrative